

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****Event 1 Girls 2000 Meter Steeplechase Open**

Name	Year School	Seed	Finals
Finals			
1 Cavicchia, Adali	Eden		8:33.65
2 Connell, Mackenzie	Georgetown Distr		8:49.62
3 Degooyer, Izabelle	Governor Simcoe		9:09.61
4 Knapp, Ava	Eden		9:23.27
5 Eitzen, Amelia	Eden		9:48.42
6 Adu, Jessica	Welland Centennial		12:50.11

Event 2 Boys 2000 Meter Steeplechase Open

Name	Year School	Seed	Finals
1 Cirasuolo, Julian	Sir Winston Chur		6:59.32
2 Clark, Keegan	Sir Winston Chur		7:08.01
3 Eller, Griffin	E.L. Crossley		7:33.19
4 Mead, Jackson	Sir Winston Chur		7:40.71
5 Bretzlaff, Charles	An Myer		8:08.65
6 Gosnek, Liam	Westlane		8:08.76
7 Kelly, Conor	Governor Simcoe		8:13.07
8 Powell, Dylan	E.L. Crossley		8:15.72
9 Schoenmaker, Eli	E.L. Crossley		8:16.64
10 Meredith, Calder	Bishop Reding		8:16.71
11 George, Garrett	Bishop Reding		8:29.14
12 Ha, Dylan	Hillfield-Strata		8:33.21
13 Vijayasingham, Caden	Bishop Reding		8:49.07
14 Lee, Gavin	Hillfield-Strata		8:55.30
15 Harrold, Evan	Westlane		9:05.52
16 England, Xavier	E.L. Crossley		9:16.94
17 Strebul, Dante	Welland Centennial		9:17.66
18 Matthews, Joshua	Hillfield-Strata		9:39.81
19 Oz, Marat	Hillfield-Strata		9:52.21

Event 3 Girls 100 Meter Dash Novice

Name	Year School	Seed	Finals	Wind	H#
1 Kelly, Sarai	Sir Winston Chur		13.37	NWI	5
2 Thompson, Savannah	Welland Centennial		13.70	NWI	8
3 John, Meah	Bishop Reding		13.74	NWI	8
4 Bolibruck, Maddy	E.L. Crossley		13.86	NWI	3
5 Berman, Illiana	Eden		13.89	NWI	3
6 Jorritsma, Emery	Smithville Chris		13.94	NWI	4
7 Jones, Mika	Notre Dame		14.20	NWI	4
8 Robertson, Charlie	Hillfield-Strata		14.22	NWI	6
9 Wagner, Layla	MM Robison, Burlingt		14.47	NWI	2
10 Cheel, Lilly	E.L. Crossley		14.55	NWI	3
11 Vanlochem, Violet	Heritage Christi		14.69	NWI	1
12 Kish-Myhre, Brielle	MM Robison, Burlingt		14.73	NWI	2
13 Schmidt, Aliyah	Niagara Christia		14.91	NWI	8
14 Vassilous, Alexia	Eastdale		14.92	NWI	5
15 Veldhuizen, Brinnley	Heritage Christi		14.93	NWI	1
16 Cuellar Melendez, Andrea	An Myer		14.95	NWI	6
17 Vincent, Chloe	Eden		15.08	NWI	3

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****....Event 3 Girls 100 Meter Dash Novice**

18	Finley, Yupi	Hillfield-Strata	15.11	NWI	6
19	Ford, Eleanor	An Myer	15.15	NWI	6
20	VanDriel, Aliya	Smithville Chris	15.17	NWI	4
21	Bos, Mikayla	Smithville Chris	15.21	NWI	4
22	Akinyemi, Azeezah	Hillfield-Strata	15.25	NWI	6
23	Tomlinson, Ava	Eden	15.25	NWI	3
24	Cauchi-Davis, Sydney	MM Robison,Burlingt	15.29	NWI	2
25	Chase, Shekinah	Eastdale	15.34	NWI	5
26	Semenuk, Annie	SOTH,St.Catharines,	15.37	NWI	5
27	Rybinski, Laila	TA Blakelock	15.38	NWI	7
28	Oestreicher, Brooke	TA Blakelock	15.48	NWI	7
29	Cazal, Gabriella	An Myer	15.50	NWI	6
30	Rong, Artemis	Ridley College	15.53	NWI	4
31	Pate, Everleigh	MM Robison,Burlingt	15.64	NWI	2
32	Partridge, Bonnie	Georgetown Distr	15.72	NWI	1
33	Allen, Savannah	TA Blakelock	15.76	NWI	7
34	Santos, Ariana	MM Robison,Burlingt	15.76	NWI	6
35	deVries, Mikayla	Smithville Chris	15.87	NWI	4
36	Akpaka, Naomi	E.L. Crossley	15.92	NWI	3
37	Marriott, Acey	SOTH,St.Catharines,	15.93	NWI	5
38	Ogwo, Christal	Notre Dame	15.93	NWI	8
39	Chummar, Charlotte	Georgetown Distr	15.97	NWI	1
40	Sirianni, Audrey	SOTH,St.Catharines,	16.04	NWI	5
41	Cassie, Tori-Kae	Notre Dame	16.10	NWI	7
42	Flowers, Anika	Georgetown Distr	16.12	NWI	1
43	Gillingham, Daughtry	Eden	16.14	NWI	3
44	Dojcinovska, Anika	TA Blakelock	16.23	NWI	7
45	Orazdurdyeva, Lyla	Eden	16.24	NWI	3
46	Hughes, Olivia	MM Robison,Burlingt	16.40	NWI	2
47	Kotzee, Essie	Ridley College	16.42	NWI	4
48	Brown, Katie	DSBN	16.55	NWI	7
49	Aivaliotis, Anestaja	MM Robison,Burlingt	16.77	NWI	2
50	Witherspoon, Nevaeh	Governor Simcoe	16.91	NWI	8
51	Uwaifo, Isoken	Ridley College	17.12	NWI	4
52	Yangosian, Zoe	TA Blakelock	17.12	NWI	7
53	Liang, Carol	Georgetown Distr	17.28	NWI	1
54	Ijie, Esele	SOTH,St.Catharines,	17.61	NWI	5
55	Blane, Addison	MM Robison,Burlingt	18.04	NWI	2
56	Abdul Majeed, Yara	Georgetown Distr	18.13	NWI	1
57	Kerst, Emma	MM Robison,Burlingt	18.67	NWI	2
58	Stolverk, Miranda	Sir Winston Chur	19.34	NWI	5
59	Baizula, Shaila	Georgetown Distr	20.27	NWI	1

Event 4 Boys 100 Meter Dash Novice

Name	Year School	Seed	Finals	Wind	H#
1	Latham, Noah	Notre Dame	12.18	NWI	5
2	Seaton, Jackson	MM Robison,Burlingt	12.36	NWI	1
3	Pietryszon, Cohen	MM Robison,Burlingt	12.41	NWI	1
4	Lazaroski, Luka	Westlane	12.72	NWI	4
5	Di Paolo, Leo	Hillfield-Strata	12.92	NWI	2
6	Olumide, Fola	Hillfield-Strata	13.11	NWI	2
7	Troccollo, Kaua	MM Robison,Burlingt	13.17	NWI	1
8	Kebbi, Abdul	Hillfield-Strata	13.18	NWI	2

Bulldog Cougar Invite - 2023-05-18
Welland Centennial
Results

....Event 4 Boys 100 Meter Dash Novice

9	Pilot, Tyler	E.L. Crossley	13.26	NWI	4
10	Thompson, Bentley	E.L. Crossley	13.30	NWI	4
11	Bell, Jaden	An Myer	13.31	NWI	5
12	Proudlock, Gavin	Westlane	13.32	NWI	4
13	Wiens, Ronin	Eden	13.35	NWI	3
14	Geris, Baxter	Georgetown Distr	13.35	NWI	1
15	Jean, Hans	Governor Simcoe	13.37	NWI	6
16	Singh, Warren	Georgetown Distr	13.53	NWI	1
17	McCann, Hudson	MM Robison,Burlingt	13.54	NWI	1
18	Ajomiwe, LivingWonder	Eden	13.58	NWI	3
19	Christian, Devonte	An Myer	13.60	NWI	5
20	Hundert, Cameron	Eden	13.67	NWI	3
21	Veldman, Filip	Ridley College	13.71	NWI	2
22	Champa, Loden	An Myer	13.78	NWI	5
23	Nesbitt, Kyle	Welland Centennial	13.83	NWI	3
24	Norcy, Jerry	SOTH,St.Catharines,	13.95	NWI	6
25	Flear, Tyler	Eden	13.95	NWI	3
26	Phillip, Tyler	Notre Dame	14.00	NWI	5
27	Anderson, Eric	Eden	14.02	NWI	6
28	Thomas, Vernon	Westlane	14.05	NWI	4
29	McGarrity, Owen	Welland Centennial	14.12	NWI	3
30	Pybus, Ashton	An Myer	14.21	NWI	5
31	Miller, Devante	An Myer	14.30	NWI	5
32	Murray, Jackson	TA Blakelock	14.30	NWI	6
33	Saliy, Dima	Notre Dame	14.39	NWI	5
34	Rolfe, Calvin	Smithville Chris	14.40	NWI	3
35	Tang, Donny	Westlane	14.54	NWI	4
36	Gallo, Dante	Smithville Chris	14.69	NWI	3
37	Muralidaran, Ashwin	Ridley College	14.77	NWI	2
38	Tsuji, Max	Ridley College	15.04	NWI	2
39	Bhullar, Raag	Ridley College	15.21	NWI	2
40	Truong, Kenny	E.L. Crossley	15.53	NWI	4
41	Gueli, Adriano	Hillfield-Strata	15.98	NWI	2
42	Chandra, Darsh	MM Robison,Burlingt	16.00	NWI	1
43	Lickman, Parker	MM Robison,Burlingt	16.02	NWI	1

Event 5 Girls 100 Meter Dash Junior

Name	Year School	Seed	Finals	Wind	H#
1 Beradi, Amalynn	Governor Simcoe		13.26	NWI	4
2 Ankersmit, Vaeda	Eden		13.63	NWI	1
3 Hamstra, Hannah	Heritage Christi		14.14	NWI	4
4 Kikkert, Vanessa	Heritage Christi		14.16	NWI	4
5 Devries, Jenna	Heritage Christi		14.53	NWI	4
6 Onuwaje, Tofe	Ridley College		14.73	NWI	1
7 Allen, Gillian	An Myer		14.75	NWI	3
8 Davidov, Michal	TA Blakelock		15.00	NWI	2
9 Jones, Ivy	Eden		15.08	NWI	1
10 Eudovic, Indira	Notre Dame		15.27	NWI	3
11 Green Kopeck, Ana	Hillfield-Strata		15.28	NWI	2
12 Schmidt, Leigha	MM Robison,Burlingt		15.34	NWI	1
13 Okonkwo, Chizitara	Great Lakes		15.36	NWI	3
14 Gould, Jessica	MM Robison,Burlingt		15.38	NWI	1
15 William, Katrina	Eastdale		15.51	NWI	4

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****....Event 5 Girls 100 Meter Dash Junior**

16	Burgess, Mckayla	Notre Dame	15.57	NWI	3
17	Ijie, Ososelase	SOTH, St. Catharines,	16.02	NWI	4
18	Munday, Layla	MM Robison, Burlingt	16.08	NWI	1
19	Praveen, Anshi	Bishop Reding	16.09	NWI	2
20	Cabio, Priyanka	Stamford	16.33	NWI	3
21	Bozzo, Valentina	Hillfield-Strata	16.43	NWI	2
22	Rosin, Norma	Ridley College	16.46	NWI	4
23	Henry, Savy	Bishop Reding	16.49	NWI	2
24	Verroche, Eunice	Stamford	16.54	NWI	3
25	Hoekstra, Mya	Eastdale	16.58	NWI	4
26	Hamilton, Sofia	Bishop Reding	16.62	NWI	2
27	Islam, Maira	Eden	16.97	NWI	1
28	Al Najwa, Lahza	Eden	17.15	NWI	1
29	Boch, Heidi	MM Robison, Burlingt	17.92	NWI	2
30	Manosca, Wryanne	Stamford	19.37	NWI	3
31	Kouki, Zeineb	TA Blakelock	20.03	NWI	2
32	Weaver, Lola	Stamford	23.74	NWI	3

Event 6 Boys 100 Meter Dash Junior

Name	Year School	Seed	Finals	Wind	H#
1	Goguen, Mah'Kyi	An Myer	12.03	NWI	2
2	Bulley, Solomon	Hillfield-Strata	12.04	NWI	2
3	Cranston, King	Welland Centennial	12.04	NWI	4
4	Murray, Gabriel	An Myer	12.06	NWI	2
5	Woodside, Tyrique	Notre Dame	12.08	NWI	5
6	Mohamed, Musab	Westlane	12.27	NWI	3
7	Nunes, Luke	Sir Winston Chur	12.49	NWI	4
8	Olumide, Ladi	Hillfield-Strata	12.60	NWI	2
9	Akinbinu, Tobi	Hillfield-Strata	12.61	NWI	2
10	Ishmael, Messiah	Westlane	12.80	NWI	3
11	Wojciechowski, Austin	Governor Simcoe	13.05	NWI	3
12	Amofa, Joshua	Eden	13.12	NWI	6
13	Hines, Preston	Eden	13.13	NWI	6
14	Olajumoke, Tomi	SOTH, St. Catharines,	13.18	NWI	4
15	Ha, Dylan	Hillfield-Strata	13.39	NWI	2
16	Doorten, Akhim	E.L. Crossley	13.43	NWI	7
17	Akpama, Sam-Sam	Ridley College	13.44	NWI	1
18	Javier, Jacob	Bishop Reding	13.45	NWI	4
19	Babalola, Samuel	Notre Dame	13.53	NWI	5
20	Niemiec, Max	Hillfield-Strata	13.54	NWI	2
21	Popoola, Elijah	Eden	13.63	NWI	6
22	Medd, Carter	Welland Centennial	13.66	NWI	4
23	Ogwo, Christian	Notre Dame	13.67	NWI	5
24	Zou, Leo	Ridley College	13.72	NWI	1
25	Price, Jayden	SOTH, St. Catharines,	13.76	NWI	4
26	Kisozi, Elijah	Eastdale	13.88	NWI	5
27	Boyd, Jack	Governor Simcoe	13.96	NWI	3
28	Mao, Marc	Ridley College	13.98	NWI	1
29	Diermair, Ansel	Notre Dame	14.02	NWI	5
30	Warden, Colton	Eastdale	14.03	NWI	5
31	Orkeh, Shawn	Niagara Christia	14.12	NWI	7
32	Riley Wilson, Chase	Bishop Reding	14.21	NWI	4
33	Nwankwo, Jayden	Westlane	14.22	NWI	3

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34	Nathans, Quinn	Ridley College	14.26	NWI	4
35	Snyder, Joshua	Heritage Christi	14.35	NWI	7
36	Goring-Francis, Rashaud	Governor Simcoe	14.42	NWI	3
37	Chang, David	Westlane	14.46	NWI	3
38	Dritsakos, Ilias	Ridley College	14.51	NWI	1
39	Durand-Dugas, Damian	st Catharines Co	14.51	NWI	7
40	Mann, Harkit	Westlane	14.51	NWI	3
41	Rahnamayan, Alp	Eden	14.79	NWI	6
42	Laporte, Caleb Alexis	An Myer	14.86	NWI	2
43	Abantao, Jacob	Stamford	15.13	NWI	7
44	Mwangi, Trevor	Eden	15.20	NWI	6
45	Pickett, Calen	Ridley College	15.36	NWI	1
46	Maltman, Kane	Eden	15.39	NWI	6
47	Brooks, Gabe	Eastdale	15.43	NWI	5
48	Jeon, Josh	Eden	15.66	NWI	6
49	Law, Austin	Eastdale	16.67	NWI	5

Event 7 Girls 100 Meter Dash Senior

Name	Year School	Seed	Finals	Wind	H#
1 van Niekerk, Hallie	E.L. Crossley		14.13	NWI	2
2 Salacup, Stephanie	Eden		14.23	NWI	4
3 Zanutto, Violet	Welland Centennial		14.29	NWI	3
4 Devries, Abby	Heritage Christi		14.32	NWI	1
5 Kirilova, Reni	An Myer		14.41	NWI	1
6 Bodner, Madeleine	Welland Centennial		14.42	NWI	3
7 Silva, Serena	Bishop Reding		14.43	NWI	4
8 Morgan, Julianne	E.L. Crossley		14.52	NWI	2
9 Bangura, Angela	SOTH, St. Catharines,		14.64	NWI	4
10 Banks, Rio	Hillfield-Strata		14.66	NWI	1
11 Jeffery, Rachel	E.L. Crossley		14.75	NWI	2
12 Fiddes, Rylee	E.L. Crossley		14.76	NWI	2
13 Williams, Iyla	An Myer		14.85	NWI	1
14 Coull, Lindsay	Westlane		14.91	NWI	4
15 Baldwin, Jayde	Georgetown Distr		14.93	NWI	5
16 Adeniyi, Dara	Georgetown Distr		14.95	NWI	5
17 Brown, Tianna	Stamford		14.97	NWI	5
18 Breadner, Claire	E.L. Crossley		14.99	NWI	2
19 Brink, Lydia	Heritage Christi		15.02	NWI	1
20 Van Krimpen, Parker	Welland Centennial		15.05	NWI	3
21 Kurpaska, Hanna	Bishop Reding		15.09	NWI	4
22 Sands, Kashi	Eastdale		15.10	NWI	5
23 Ijaodola, Dara	Welland Centennial		15.17	NWI	3
24 Powell, Moriyah	Niagara Christia		15.21	NWI	6
25 Leschuk, Ava	Hillfield-Strata		15.30	NWI	1
26 Timmons, Lola	Ridley College		15.45	NWI	5
27 Voynovich, Mabel	Welland Centennial		15.54	NWI	3
28 Siddiqui, Mairah	Bishop Reding		15.55	NWI	4
29 Gismond, Grace	Welland Centennial		15.61	NWI	3
30 Watt, Teigen	Notre Dame		15.67	NWI	6
31 Paul, Amarachi	Welland Centennial		15.73	NWI	3
32 Avram, Libby	Hillfield-Strata		16.13	NWI	1
33 vanGeest, Leny	Smithville Chris		16.15	NWI	4
34 McTaggart, Valerie	E.L. Crossley		16.28	NWI	2

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****....Event 7 Girls 100 Meter Dash Senior**

35	Lalonde, Sofia	MM Robison,Burlingt	16.47	NWI	6
36	Chapman, Jayda	TA Blakelock	16.51	NWI	2
37	Pauwels, Audrey	Hillfield-Strata	16.58	NWI	1
38	Demik, Claire	Smithville Chris	16.66	NWI	4
39	Yohannan, Rhea	Bishop Reding	17.91	NWI	5
40	Sapa, Julia	TA Blakelock	17.97	NWI	2
41	Nesbitt, Karissa	Welland Centennial	18.13	NWI	3
42	Ang, Josea Chilly	Stamford	18.54	NWI	6
43	Jarvis, Trinity	MM Robison,Burlingt	18.65	NWI	6

Event 8 Boys 100 Meter Dash Senior

Name	Year School	Seed	Finals	Wind	H#
1 Newana, Hunter	Ridley College		11.81	NWI	8
2 Freure, Adam	E.L. Crossley		11.84	NWI	2
3 Ligonde-Le Clair, Julien	Ridley College		11.86	NWI	8
4 Sraku-Antwi, Lemuel Lyon	An Myer		11.86	NWI	4
5 Patel, Muhammad	TA Blakelock		12.03	NWI	6
6 Wilson, Evan	Eden		12.05	NWI	1
7 Knights, Kai	Georgetown Distr		12.07	NWI	3
8 Kenny, Alexander	Ridley College		12.09	NWI	8
9 Iannizzi, Jacob	Notre Dame		12.13	NWI	4
10 Proudlock, Reed	Westlane		12.17	NWI	7
11 Elue, Bennie	Eden		12.26	NWI	1
12 Parent, Max	Eden		12.32	NWI	1
13 Kotsis, Matthew	E.L. Crossley		12.32	NWI	2
14 Dolhun, Jonah	Bishop Reding		12.34	NWI	9
15 Genius, Donta	SOTH,St.Catharines,		12.38	NWI	1
16 Awoyemi, Boluwatife	Bishop Reding		12.38	NWI	9
17 Walker, Barron	Sir Winston Chur		12.39	NWI	5
18 MacDonald, Graeme	E.L. Crossley		12.42	NWI	2
19 Johnston, Jared	MM Robison,Burlingt		12.45	NWI	11
20 Casasanta, Carson	Notre Dame		12.46	NWI	4
21 Matthews, Isaac	Great Lakes		12.56	NWI	7
22 Abdullah, Khan	Bishop Reding		12.58	NWI	9
23 Ryan, Jack	E.L. Crossley		12.64	NWI	2
24 Giannetti, Mario	Ridley College		12.64	NWI	8
25 Owen, Chase	Welland Centennial		12.66	NWI	6
26 Uwaifo, Nosa	Eden		12.68	NWI	1
27 Damus, Reo	Notre Dame		12.70	NWI	4
28 Liew, Alex	Notre Dame		12.71	NWI	4
29 Morash, Jake	MM Robison,Burlingt		12.76	NWI	11
30 Haasbroek, Ewan	Georgetown Distr		12.81	NWI	3
31 Van Mil, Aidan	Notre Dame		12.81	NWI	4
32 Ewetan, Hamani	E.L. Crossley		12.84	NWI	2
33 Jackson, Cameron	E.L. Crossley		12.87	NWI	2
34 Hunter, Nicholas	Stamford		12.89	NWI	5
35 Seehagel, Malaki	E.L. Crossley		12.91	NWI	2
36 Nguni, Jonathan	Bishop Reding		12.94	NWI	9
37 Yu, Trevor	Georgetown Distr		12.95	NWI	3
38 Chang, Victor	Ridley College		12.95	NWI	8
39 Harrold, Evan	Westlane		12.95	NWI	7
40 Lopes, Nico	Eden		12.96	NWI	1
41 Thomas, Tyrone	Welland Centennial		12.97	NWI	6

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****....Event 8 Boys 100 Meter Dash Senior**

42 Singh, Cristiano	Welland Centennial	13.02	NWI	6
43 Manning, Kallum	MM Robison,Burlingt	13.03	NWI	11
44 Kang, Franklin	Eden	13.06	NWI	1
45 Wurgler, Alex	Sir Winston Chur	13.08	NWI	5
46 Sandhar, Cheythan	TA Blakelock	13.10	NWI	6
47 Ren, Ethan	Hillfield-Strata	13.19	NWI	7
48 Gurhan, Ven	Ridley College	13.19	NWI	8
49 Iroko, Mayowa	Notre Dame	13.29	NWI	4
50 Brown, CJ	E.L. Crossley	13.29	NWI	2
51 Donev, Eftimijan	TA Blakelock	13.33	NWI	6
52 Parkinson, Keith	Georgetown Distr	13.34	NWI	3
53 Vincent, Isaiah	Eden	13.35	NWI	1
54 Untalan, Vynz	Stamford	13.40	NWI	5
55 Desroches, Bennett	Ridley College	13.63	NWI	8
56 Hirschfelt, Cole	Niagara Christia	13.66	NWI	7
57 Hamarsheh, Yousef	Stamford	13.71	NWI	5
58 Serafinchan, Adan	Stamford	13.72	NWI	5
59 Negash, Sami	Welland Centennial	13.83	NWI	6
60 Meyer, Rian	Georgetown Distr	13.91	NWI	3
61 Twiselton, Alex	Georgetown Distr	13.92	NWI	3
62 Adegbesan, David	Stamford	13.94	NWI	10
63 Olson, Nathan	Georgetown Distr	14.00	NWI	3
64 Adrei-Piekacz, Dominic	An Myer	14.02	NWI	4
65 Harte, Sakari	DSBN	14.07	NWI	9
66 Jones, Tyce	Bishop Reding	14.16	NWI	10
67 Bratford, Ronin	Westlane	14.29	NWI	7
68 Papuckoski, Ronan	Bishop Reding	14.42	NWI	10
69 Trilles, Kurt DJ	Stamford	14.44	NWI	5
70 Annett, Phoenix	E.L. Crossley	14.64	NWI	10
71 Ajala, Subomi	Bishop Reding	14.73	NWI	10
72 Cheema, Muhammad	Bishop Reding	14.77	NWI	10
73 Prajapati, Krish	Westlane	14.92	NWI	7
74 Fatih, Daeren	Westlane	15.58	NWI	7
75 Bawa, Hushmeet	Georgetown Distr	15.72	NWI	3
76 Brown, Alex	Welland Centennial	15.74	NWI	6
77 Irfan, Ahmed	Stamford	15.88	NWI	5
78 Saif, Edaibis	Bishop Reding	17.16	NWI	9

Event 9 Girls 1600 Sprint Medley Junior

School	Seed	Finals
1 Heritage Christian School 'A'		4:50.73
2 Governor Simcoe 'A'		4:51.25
3 Bishop Reding 'A'		4:59.79
4 Sir Winston Churchill 'A'		5:00.15
5 An Myer 'A'		5:11.38
6 MM Robison 'A'		5:27.78
7 Eden 'A'		5:32.12
8 Stamford 'A'		6:27.79

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****Event 10 Boys 1600 Sprint Medley Junior**

School	Seed	Finals
1 Westlane 'A'		4:04.18
2 E.L. Crossley 'A'		4:16.66
3 Sir Winston Churchill 'A'		4:26.89
4 Westlane 'B'		4:31.13
-- Notre Dame 'A'		DNF

Event 11 Girls 1600 Sprint Medley Senior

School	Seed	Finals
1 E.L. Crossley 'A'		4:54.52
2 Welland Centennial 'A'		5:02.80
3 Heritage Christian School 'A'		5:03.27
4 Eden 'A'		5:03.96
5 Bishop Reding 'A'		5:15.07
6 Sir Winston Churchill 'A'		5:19.30
7 Hillfield-Stratallan 'A'		5:44.36
8 Welland Centennial 'B'		5:54.53

Event 12 Boys 1600 Sprint Medley Senior

School	Seed	Finals
1 Bishop Reding 'A'		3:47.97
2 TA Blakelock 'A'		3:55.21
3 Sir Winston Churchill 'A'		3:55.36
4 Eden 'A'		4:05.68
5 Stamford 'A'		4:11.35
6 Eden 'B'		4:14.10
7 Welland Centennial 'A'		4:15.24
8 Georgetown District School 'A'		4:20.52
9 Westlane 'A'		4:35.88
10 Hillfield-Stratallan 'A'		4:36.29
11 Great Lakes 'A'		4:41.17
12 E.L. Crossley 'A'		4:45.54

Event 13 Mixed 1600 Sprint Medley Open

School	Seed	Finals
1 Bishop Reding 'A'		4:26.10
2 Governor Simcoe 'A'		4:27.50
3 Georgetown District School 'A'		4:28.00
4 Governor Simcoe 'B'		4:29.30
5 Westlane 'A'		4:35.10
6 E.L. Crossley 'A'		4:35.90
7 Eden 'A'		4:36.40
8 E.L. Crossley 'B'		4:36.60
9 An Myer 'A'		4:41.00
10 MM Robison 'A'		4:41.60
11 Thorold 'A'		5:02.80
12 MM Robison 'B'		5:26.40
13 Thorold 'B'		6:10.50

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****Event 14 Girls 80 Meter Hurdles Novice**

Name	Year School	Seed	Finals	Wind
1 Kelly, Sarai	Sir Winston Chur		13.84	NWI
2 Jorritsma, Emery	Smithville Chris		14.80	NWI
3 Finley, Yupi	Hillfield-Strata		16.31	NWI
4 Tilly, Kailyn	Governor Simcoe		16.55	NWI
5 VanDriel, Aliya	Smithville Chris		16.59	NWI
6 Gandza, Halle	Governor Simcoe		16.78	NWI
7 Veldhuizen, Brinnley	Heritage Christi		21.31	NWI

Event 15 Girls 80 Meter Hurdles Junior

Name	Year School	Seed	Finals	Wind
1 McGlynn, Maggie	E.L. Crossley		15.15	NWI
2 Christopher, Estella	Sir Winston Chur		15.26	NWI
3 Wilson, Machara	E.L. Crossley		16.49	NWI
4 Vahrmeyer, Mikayla	Smithville Chris		17.47	NWI
5 Beldman, Ava	Smithville Chris		18.10	NWI
6 Adu, Jessica	Welland Centennial		18.61	NWI

Event 16 Girls 100 Meter Hurdles Senior

Name	Year School	Seed	Finals	Wind
1 Calbeck, Lauren	Hillfield-Strata		16.51	NWI
2 Gerryts, Leah	Smithville Chris		21.17	NWI
3 Zhi, Alina	Hillfield-Strata		22.93	NWI
4 Haanstra, Brooke	Smithville Chris		26.09	NWI

Event 17 Boys 100 Meter Hurdles Novice

Name	Year School	Seed	Finals	Wind
1 Seaton, Jackson	MM Robison, Burlingt		16.45	NWI
2 Tan, Joshua	TA Blakelock		19.11	NWI
3 Ollie, Lee	Hillfield-Strata		19.27	NWI
4 Ajomiwe, LivingWonder	Eden		21.25	NWI
5 Oz, Marat	Hillfield-Strata		21.64	NWI

Event 18 Boys 100 Meter Hurdles Junior

Name	Year School	Seed	Finals	Wind
1 Olumide, Ladi	Hillfield-Strata		17.95	NWI

Event 19 Boys 110 Meter Hurdles Senior

Name	Year School	Seed	Finals	Wind
1 Matthews, Joshua	Hillfield-Strata		16.36	NWI
2 Kang, Franklin	Eden		17.08	NWI
3 Sarraf, Namir	Hillfield-Strata		17.19	NWI
4 Dolhun, Jonah	Bishop Reding		18.90	NWI
5 Kamara, Abdul	Hillfield-Strata		20.89	NWI

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****....Event 19 Boys 110 Meter Hurdles Senior**

6 Knights, Kai	Georgetown Distr	21.66	NWI
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Event 20 Girls 1500 Meter Run Novice

Name	Year	School	Seed	Finals
1 Farlow, Ella		Welland Centennial		5:16.90
2 Vogiantzis, Samantha		Georgetown Distr		5:29.60
3 Komaromi Mackinnon, Quin		An Myer		5:50.40
4 Ravensdale, Acacia		Ridley College		5:59.00
5 Gonzalez, Isabella		Ridley College		6:06.00
6 Lewis, Ainsley		Sir Winston Chur		6:08.10
7 Paterson, Camryn		An Myer		6:09.50
8 Petroff, Ivana		Ridley College		6:13.60
9 Kuwata, Hinata		Ridley College		6:42.20

Event 21 Boys 1500 Meter Run Novice

Name	Year	School	Seed	Finals
1 Savage, Ryder		SOTH,St.Catharines,		4:41.13
2 Craig, Colby		Westlane		4:43.35
3 Macneil, Max		Westlane		4:44.25
4 Riou, Evan		Welland Centennial		4:44.91
5 Neill, Dexter		Welland Centennial		4:48.23
6 Mimiaque, Alix		Governor Simcoe		4:50.48
7 Dollar, Sam		Eden		4:52.69
8 Lewis, Gordon		Georgetown Distr		4:53.21
9 Wood, Brock		Notre Dame		5:02.71
10 Deveau, Evan		TA Blakelock		5:06.27
11 Cometti, Evan		Governor Simcoe		5:08.28
12 Passero, Heyden		Governor Simcoe		5:21.71
13 Sirianni, Saverio		SOTH,St.Catharines,		5:23.42
14 Dhiman, Karanveer		TA Blakelock		5:24.78
15 Schilstra, Noah		SOTH,St.Catharines,		5:24.91
16 Kings, Kings		Bishop Reding		5:26.41
17 Euchler, Max		Eden		5:48.51
18 Aamer, Zain		SOTH,St.Catharines,		6:03.27

Event 22 Girls 1500 Meter Run Junior

Name	Year	School	Seed	Finals
1 Simpson, Natalie		Ridley College		5:19.12
2 Smith, Lilly		Georgetown Distr		5:31.13
3 Brumm, Annabel		Ridley College		6:05.29
4 Degooyer, Izabelle		Governor Simcoe		6:08.47
5 Jahshan, Jenna		Hillfield-Strata		6:11.58
6 Mattatall, Olivia		Hillfield-Strata		6:12.39

Event 23 Boys 1500 Meter Run Junior

Name	Year	School	Seed	Finals
1 Repchull, Grier		E.L. Crossley		4:11.05

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****....Event 23 Boys 1500 Meter Run Junior**

2 Hallett, Deagen	Sir Winston Chur	4:12.12
3 Darlington, Quincy	Bishop Reding	5:45.42
4 Kim, Will	Ridley College	5:45.48
5 O'Dell, Tristan	Hillfield-Strata	6:07.61
6 Maltman, Kane	Eden	6:35.49

Event 24 Girls 1500 Meter Run Senior

Name	Year School	Seed	Finals
1 Lindley, Helena	Sir Winston Chur	5:02.65	
2 Ankersmit, Drew	Eden	5:27.35	
3 Jeffery, Lydia	E.L. Crossley	5:27.36	
4 Drynan, Isadora	Ridley College	6:07.63	
5 VanZanten, Reagan	Heritage Christi	6:14.55	
6 Neill, Lily	Welland Centennial	6:20.53	
7 Kurpaska, Hanna	Bishop Reding	6:28.03	
8 Gallo, Chiara	Smithville Chris	7:12.85	
9 Chan, Lydia	Niagara Christia	7:14.00	
10 VanMarrum, Shyla	Smithville Chris	7:19.73	
11 Boyd, Tobie	Welland Centennial	7:29.44	
12 Favero, Ester	Sir Winston Chur	7:37.00	
13 Nesbitt, Karissa	Welland Centennial	7:39.04	
14 Alonso Mendivil, Zoe	Sir Winston Chur	7:39.22	
15 Novak, Annie	Eastdale	7:42.93	
16 Miralles, Isabella	Eden	9:01.01	

Event 25 Boys 1500 Meter Run Senior

Name	Year School	Seed	Finals
1 Dobrovolski, Simon	Sir Winston Chur	4:28.30	
2 Miller, Jack	Sir Winston Chur	4:29.90	
3 Nicholson, Aidan	Sir Winston Chur	4:33.30	
4 Bertrand, Damien	Sir Winston Chur	4:34.50	
5 Mackay, Luke	TA Blakelock	4:43.90	
6 Birot, Leo	TA Blakelock	4:44.90	
7 MacKay, Rhys	TA Blakelock	4:54.00	
8 Dhoqane, Jamal	Stamford	4:57.00	
9 Hill, Christopher	Sir Winston Chur	5:09.80	
10 Powell, Dylan	E.L. Crossley	5:19.60	
10 Taylor, Ryder	Bishop Reding	5:19.60	
12 Durliat, Matthew	Eden	5:21.20	
13 Meredith, Calder	Bishop Reding	5:25.40	
14 Chen, Mark	Westlane	6:00.10	
15 Adegbesan, David	Stamford	6:19.50	

Event 26 Girls 4x100 Meter Relay Novice

School	Seed	Finals	H#
1 Sir Winston Churchill 'A'	54.46	1	
2 Eden 'A'	56.81	2	
3 E.L. Crossley 'A'	57.80	2	
4 Governor Simcoe 'A'	58.90	2	

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****....Event 26 Girls 4x100 Meter Relay Novice**

5 Hillfield-Stratallan 'A'	59.16	1
6 MM Robison 'B'	1:02.08	2
7 Smithville Christian 'A'	1:02.11	1
8 Welland Centennial 'A'	1:02.43	2
9 MM Robison 'A'	1:03.01	1
10 Georgetown District School 'A'	1:04.34	1
11 Ridley College 'A'	1:06.44	2

Event 27 Boys 4x100 Meter Relay Novice

School	Seed	Finals
1 Westlane 'A'		52.19
2 An Myer 'A'		53.05
3 Hillfield-Stratallan 'A'		53.50
4 Westlane 'B'		57.90

Event 28 Girls 4x100 Meter Relay Junior

School	Seed	Finals
1 Heritage Christian School 'A'		56.06
2 An Myer 'A'		59.52
3 MM Robison 'A'		1:00.45
4 Smithville Christian 'A'		1:01.15
5 Notre Dame 'A'		1:03.14

Event 29 Boys 4x100 Meter Relay Junior

School	Seed	Finals
1 An Myer 'A'		46.60
2 Hillfield-Stratallan 'A'		49.45
3 Westlane 'A'		54.73
4 MM Robison 'A'		1:07.57

Event 30 Girls 4x100 Meter Relay Senior

School	Seed	Finals
1 E.L. Crossley 'A'		55.43
2 Eden 'A'		57.32
3 Welland Centennial 'A'		57.36
4 Notre Dame 'A'		1:00.17
5 Bishop Reding 'A'		1:02.57
6 Niagara Christian Collegiate 'A'		1:04.39
7 Sir Winston Churchill 'A'		1:04.98
8 MM Robison 'A'		1:08.69

Event 31 Boys 4x100 Meter Relay Senior

School	Seed	Finals	H#
1 Eden 'B'		47.50	1
2 E.L. Crossley 'A'		47.63	1

Bulldog Cougar Invite - 2023-05-18
Welland Centennial
Results

....Event 31 Boys 4x100 Meter Relay Senior

3 Bishop Reding 'A'	47.99	1
4 Welland Centennial 'A'	47.99	2
5 Notre Dame 'A'	48.49	1
6 Westlane 'A'	49.91	1
7 Eden 'A'	50.03	1
8 E.L. Crossley 'B'	50.43	2
9 Georgetown District School 'A'	50.93	1
10 Niagara Christian Collegiate 'A'	54.47	2
11 Ridley College 'A'	57.00	2
12 Westlane 'B'	59.02	2

Event 32 Girls 300 Meter Hurdles Novice

Name	Year School	Seed	Finals	H#
1 Zhakova, Jessica	Eden		51.06	2
2 John, Meah	Bishop Reding		52.88	1
3 Devries, Jenna	Heritage Christi		54.47	2
4 Farquhar, Isla	E.L. Crossley		56.70	2
5 Veldhuizen, Brinnley	Heritage Christi		1:00.31	1
6 Raby, Lila	Welland Centennial		1:02.22	1
7 Finley, Yupi	Hillfield-Strata		1:02.38	1
8 Gandza, Halle	Governor Simcoe		1:03.30	2
9 Paul, Akuomachi	Welland Centennial		1:19.10	1

Event 33 Girls 300 Meter Hurdles Junior

Name	Year School	Seed	Finals
1 Sponagle, Audriana	Bishop Reding		54.78
2 Sikkema, Ellie	Heritage Christi		55.14
3 Ranu, Uma	Hillfield-Strata		57.01
4 Green Kopeck, Ana	Hillfield-Strata		1:01.98

Event 34 Girls 400 Meter Hurdles Senior

Name	Year School	Seed	Finals
1 List, Emma	Hillfield-Strata		1:04.72
2 Van Grieken, Amara	Sir Winston Chur		1:12.42
3 Calbeck, Lauren	Hillfield-Strata		1:15.33
4 Romano, Arianna	Welland Centennial		1:21.24
5 Silva, Serena	Bishop Reding		1:25.52
6 Welch, Rayne	Heritage Christi		1:39.39

Event 35 Boys 300 Meter Hurdles Novice

Name	Year School	Seed	Finals
1 Savage, Ryder	SOTH, St. Catharines,		51.37
2 Tan, Joshua	TA Blakelock		1:00.37
3 Oz, Marat	Hillfield-Strata		1:02.98

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****Event 36 Boys 300 Meter Hurdles Junior**

Name	Year School	Seed	Finals
1 Scarlett, Nixon	E.L. Crossley		43.45
2 Olumide, Ladi	Hillfield-Strata		48.63
3 Javier, Jacob	Bishop Reding		49.35
4 Ha, Dylan	Hillfield-Strata		53.07

Event 37 Boys 400 Meter Hurdles Senior

Name	Year School	Seed	Finals
1 DenBak, Owen	Eden		1:07.94
2 Yu, Trevor	Georgetown Distr		1:09.37
3 Kamara, Abdul	Hillfield-Strata		1:22.43
4 Zanganeh, Danny	Hillfield-Strata		1:24.08

Event 38 Girls 3000 Meter Run Open

Name	Year School	Seed	Finals
1 Taubeneck, Aliana	Sir Winston Chur		11:50.42
2 Smith, Lilly	Georgetown Distr		12:32.45
3 Vogiantzis, Samantha	Georgetown Distr		12:34.02
4 Knapp, Ava	Eden		13:16.45
5 Dunlop, Lauren	Sir Winston Chur		13:34.85
6 Ouwendyk, Brandi	Eden		13:38.26
7 Neill, Lily	Welland Centennial		13:39.64
8 Degooey, Izabelle	Governor Simcoe		13:40.07

Event 39 Boys 3000 Meter Run Open

Name	Year School	Seed	Finals
1 Cirasuolo, Julian	Sir Winston Chur		9:22.30
2 Dejong, Skylar	Sir Winston Chur		9:38.98
3 Clark, Keegan	Sir Winston Chur		9:39.66
4 Bayne, Andrew	Eden		9:58.99
5 Neill, Dexter	Welland Centennial		10:06.53
6 Keksi, Domicic	Notre Dame		10:24.10
7 MacDonald, Callum	E.L. Crossley		10:54.38
8 Bayne, Joshua	Eden		11:08.15
9 JV Rensburg, Barend	SOTH, St. Catharines,		11:43.98
10 Lee, Gavin	Hillfield-Strata		11:54.44
11 Dollar, Sam	Eden		12:37.92
12 Strebul, Dante	Welland Centennial		12:44.09
13 Euchler, Max	Eden		14:06.09

Event 40 Girls 4x400 Meter Relay Junior

School	Seed	Finals
1 Eden 'A'		5:35.11
2 Georgetown District School 'A'		5:45.12

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****Event 41 Boys 4x400 Meter Relay Junior**

School	Seed	Finals
1 Georgetown District School 'A'		4:11.48

Event 42 Girls 4x400 Meter Relay Senior

School	Seed	Finals
1 Hillfield-Stratallan 'A'		4:40.15
2 Eden 'A'		4:57.12

Event 43 Boys 4x400 Meter Relay Senior

School	Seed	Finals
1 E.L. Crossley 'A'		3:44.89
2 Eden 'A'		3:52.94
3 Hillfield-Stratallan 'A'		4:06.11

Event 44 Girls Long Jump Junior

Name	Year School	Seed	Finals	Wind
1 Hamstra, Hannah	Heritage Christi		4.90m	NWI
2 Thompson, Savannah	Welland Centennial		4.86m	NWI
3 Kikkert, Vanessa	Heritage Christi		4.79m	NWI
4 May, Kaitlyn	Smithville Chris		4.75m	NWI
5 Vanlochem, Violet	Heritage Christi		4.49m	NWI
6 Ankersmit, Vaeda	Eden		4.25m	NWI
7 Ogwo, Christal	Notre Dame		4.22m	NWI
8 Beldman, Ava	Smithville Chris		4.10m	NWI
8 Westveer, Addy	Governor Simcoe		4.10m	NWI
10 Smith, Aeris	Smithville Chris		4.04m	NWI
11 Cazal, Gabriella	An Myer		4.03m	NWI
11 Henderson, Isla	E.L. Crossley		4.03m	NWI
13 Knight Williams, Le'Andr	An Myer		4.00m	NWI
14 Ouwendyk, Brandi	Eden		3.96m	NWI
15 Tilly, Kailyn	Governor Simcoe		3.95m	NWI
16 Wilson, Machara	E.L. Crossley		3.80m	NWI
16 Mead, Makayla	Sir Winston Chur		3.80m	NWI
18 Vassilious, Alexia	Eastdale		3.75m	NWI
19 Formlea, Lily	MM Robison, Burlingt		3.70m	NWI
20 Okonkwo, Chizitara	Great Lakes		3.69m	NWI
21 Ford, Eleanor	An Myer		3.65m	NWI
22 Raby, Lila	Welland Centennial		3.60m	NWI
22 Burrows, Shaunessey	Eden		3.60m	NWI
24 Chase, Shekinah	Eastdale		3.58m	NWI
25 Bos, Mikayla	Smithville Chris		3.57m	NWI
26 Vernal, Keneya	Notre Dame		3.52m	NWI
27 Adeloye, Mobolaji	Westlane		3.50m	NWI
28 Paul, Akuomachi	Welland Centennial		3.49m	NWI
29 Orazdurdyeva, Lyla	Eden		3.44m	NWI
30 deVries, Mikayla	Smithville Chris		3.42m	NWI
30 DeKlerk, Isabel	Smithville Chris		3.42m	NWI
32 Hoekstra, Mya	Eastdale		3.40m	NWI

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****....Event 44 Girls Long Jump Junior**

33	Reka, Megan	Eden	3.17m	NWI
34	Joseph, Krysyrah	Notre Dame	3.04m	NWI
35	Kassemhallab, Jana	Eden	2.56m	NWI
36	Itotia, Sonia	Notre Dame	2.34m	NWI
--	Dojcinovska, Anika	TA Blakelock	FOUL	
--	Tzvetkov, Sophia	Governor Simcoe	FOUL	

Event 45 Boys Long Jump Junior

Name	Year	School	Seed	Finals	Wind
1 Nelson-Zeman, Lucas		DSBN		5.39m	NWI
2 VandenBerg, Jonah		Smithville Chris		5.34m	NWI
3 Lee, Victor		Eden		5.16m	NWI
4 Blasse, Taj		Hillfield-Strata		5.15m	NWI
5 Ha, Dylan		Hillfield-Strata		4.97m	NWI
6 Devries, Adam		Heritage Christi		4.89m	NWI
7 Boverhof, Reid		Smithville Chris		4.79m	NWI
8 Otten, Denny		Heritage Christi		4.72m	NWI
9 Abban-Desbouvrie, Jude		Sir Winston Chur		4.59m	NWI
10 Nesbitt, Kyle		Welland Centennial		4.51m	NWI
11 Lagerwerf, Cameron		Hillfield-Strata		4.36m	NWI
12 MCGaw, Ian		MM Robison,Burlingt		4.35m	NWI
13 Froese, Peter		Smithville Chris		4.27m	NWI
14 Kisozi, Elijah		Eastdale		4.25m	NWI
15 Kroeker, Colton		Welland Centennial		4.14m	NWI
16 Ramos, Cloude		MM Robison,Burlingt		4.08m	NWI
17 McGarrity, Owen		Welland Centennial		3.98m	NWI
18 teBrake, Cameron		Smithville Chris		3.96m	NWI
19 Chukwuneme, Emmanuel		Great Lakes		3.89m	NWI
20 vanGeest, Tyson		Smithville Chris		3.81m	NWI
21 Mohamed, Musab		Westlane		3.79m	NWI
22 Truong, Kenny		E.L. Crossley		3.76m	NWI
22 Zeiter, Oliver		Hillfield-Strata		3.76m	NWI
24 Gallo, Dante		Smithville Chris		3.73m	NWI
25 Rolfe, Calvin		Smithville Chris		3.57m	NWI
26 Brooks, Gabe		Eastdale		3.54m	NWI
27 Gueli, Adriano		Hillfield-Strata		3.45m	NWI
28 Mwangi, Trevor		Eden		3.30m	NWI
-- Ollie, Lee		Hillfield-Strata		FOUL	
-- Vanderlaan, Isaiah		Welland Centennial		FOUL	
-- Warden, Colton		Eastdale		FOUL	
-- Di Paolo, Leo		Hillfield-Strata		FOUL	
-- Jeon, Josh		Eden		FOUL	
-- Hundert, Cameron		Eden		FOUL	

Event 46 Girls Long Jump Senior

Name	Year	School	Seed	Finals	Wind
1 Xie, Ophelia		Eden		4.48m	NWI
2 Bangura, Angela		SOTH,St.Catharines,		4.37m	NWI
3 Salacup, Stephanie		Eden		4.20m	NWI
4 Devries, Abby		Heritage Christi		4.12m	NWI
5 Zheng, Fiona		Niagara Christia		4.07m	NWI

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****....Event 46 Girls Long Jump Senior**

6	Godin, Jilian	Sir Winston Chur	4.04m	NWI
7	Morgan, Julianne	E.L. Crossley	4.00m	NWI
8	Nyforovska, Karolina	E.L. Crossley	3.79m	NWI
9	Silvestri, Maria	Eden	3.60m	NWI
10	Welch, Rayne	Heritage Christi	3.52m	NWI
11	Shamblaw, Olivia	Bishop Reding	3.46m	NWI
12	Adeniyi, Dara	Georgetown Distr	3.39m	NWI
13	Powell, MoriYah	Niagara Christia	3.29m	NWI
14	Demik, Claire	Smithville Chris	3.16m	NWI
15	MacDonald, Carol-Mae	Smithville Chris	3.12m	NWI
16	Kusiowska, Alexandra	Bishop Reding	3.01m	NWI
17	Sulemann, Mariam	Notre Dame	2.76m	NWI
18	Garr, Jazmin	DSBN	2.51m	NWI
--	Kouki, Zeineb	TA Blakelock	FOUL	

Event 47 Boys Long Jump Senior

Name	Year School	Seed	Finals	Wind
1	Glasbergen, Hunter	Heritage Christi	5.39m	NWI
2	Iroko, Mayowa	Notre Dame	5.25m	NWI
3	Bretzlaff, Charles	An Myer	5.16m	NWI
4	Sviergula, Aaron	Notre Dame	5.04m	NWI
5	Mao, Josh	Hillfield-Strata	4.85m	NWI
6	Mbuyi, Ezekiel	Notre Dame	4.72m	NWI
7	Untalan, Vynz	Stamford	4.49m	NWI
8	Verrier, Ethan	Smithville Chris	4.11m	NWI
9	Twiselton, Alex	Georgetown Distr	4.00m	NWI
--	Bawa, Hushmeet	Georgetown Distr	FOUL	

Event 48 Girls Triple Jump Junior

Name	Year School	Seed	Finals	Wind
1	Kikkert, Vanessa	Heritage Christi	9.81m	NWI
2	Westgarth, Kaylin	Sir Winston Chur	9.80m	NWI
3	May, Kaitlyn	Smithville Chris	9.48m	NWI
4	Hamstra, Hannah	Heritage Christi	9.43m	NWI
5	Springer, Nyomi	Eastdale	9.33m	NWI
6	Jorritsma, Emery	Smithville Chris	9.30m	NWI
7	Mead, Kaitlyn	Sir Winston Chur	9.26m	NWI
8	Vanlochem, Violet	Heritage Christi	9.20m	NWI
9	Connell, Mackenzie	Georgetown Distr	8.72m	NWI
10	McGlynn, Maggie	E.L. Crossley	8.70m	NWI
11	Cazal, Gabriella	An Myer	8.49m	NWI
12	Burrows, Shaunessey	Eden	8.43m	NWI
13	Thompson, Savannah	Welland Centennial	8.42m	NWI
14	Ouwendyk, Brandi	Eden	8.20m	NWI
15	Schmidt, Leigha	MM Robison, Burlingt	8.18m	NWI
16	Nebesny, Maya	Sir Winston Chur	8.17m	NWI
17	Henderson, Isla	E.L. Crossley	8.07m	NWI
18	VanDriel, Aliya	Smithville Chris	7.99m	NWI
19	Bos, Mikayla	Smithville Chris	7.66m	NWI
20	Raby, Lila	Welland Centennial	7.60m	NWI
21	Sharma, Arianna	Welland Centennial	5.98m	NWI

Bulldog Cougar Invite - 2023-05-18
Welland Centennial
Results

....Event 48 Girls Triple Jump Junior

22 Abu Al Hayjaa, Aisha	Sir Winston Chur	5.59m	NWI
-- Farquhar, Isla	E.L. Crossley	FOUL	
-- Orazdurdyeva, Lyla	Eden	FOUL	
-- Paul, Akuomachi	Welland Centennial	FOUL	

Event 49 Boys Triple Jump Junior

Name	Year School	Seed	Finals	Wind
1 Nunes, Luke	Sir Winston Chur		11.05m	NWI
2 Devries, Adam	Heritage Christi		10.81m	NWI
3 Ha, Dylan	Hillfield-Strata		10.57m	NWI
4 Boverhof, Reid	Smithville Chris		10.52m	NWI
5 Peseski, Diesel	Georgetown Distr		10.47m	NWI
6 Otten, Denny	Heritage Christi		10.26m	NWI
7 teBrake, Cameron	Smithville Chris		10.09m	NWI
8 McGarrity, Owen	Welland Centennial		9.32m	NWI
9 Rolfe, Calvin	Smithville Chris		8.49m	NWI
10 Kroeker, Colton	Welland Centennial		8.20m	NWI
10 vanGeest, Tyson	Smithville Chris		8.20m	NWI
12 Gallo, Dante	Smithville Chris		7.66m	NWI

Event 50 Girls Triple Jump Senior

Name	Year School	Seed	Finals	Wind
1 Salacup, Stephanie	Eden		10.18m	NWI
2 Teeuwesen, Alexa	Smithville Chris		9.78m	NWI
3 Xie, Ophelia	Eden		9.50m	NWI
4 Devries, Abby	Heritage Christi		9.38m	NWI
5 Zheng, Fiona	Niagara Christia		9.27m	NWI
6 Heinen, Abby	Smithville Chris		8.98m	NWI
7 Fournier, Easton	Welland Centennial		8.91m	NWI
8 Pauwels, Audrey	Hillfield-Strata		8.90m	NWI
9 Farrag, Lamar	An Myer		8.68m	NWI
10 Kirilova, Reni	An Myer		8.53m	NWI
11 Leschuk, Ava	Hillfield-Strata		8.00m	NWI
12 Dick, Maeve	Bishop Reding		7.23m	NWI
13 Bernardi, Eva	E.L. Crossley		5.85m	NWI

Event 51 Boys Triple Jump Senior

Name	Year School	Seed	Finals	Wind
1 Newana, Hunter	Ridley College		12.52m	NWI
2 Mao, Josh	Hillfield-Strata		12.14m	NWI
3 Heikoop, Aiden	Heritage Christi		12.05m	NWI
4 Antonsen, Liam	Sir Winston Chur		12.03m	NWI
5 Kpioyo, Elijah	E.L. Crossley		11.89m	NWI
6 Glasbergen, Hunter	Heritage Christi		11.69m	NWI
7 Ivory, Ezra	An Myer		11.63m	NWI
8 Sarraf, Namir	Hillfield-Strata		10.89m	NWI
9 Parkinson, Keith	Georgetown Distr		10.03m	NWI
10 Sviergula, Aaron	Notre Dame		9.53m	NWI
11 Ren, Ethan	Hillfield-Strata		9.51m	NWI

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****Event 52 Girls High Jump Junior**

Name	Year School	Seed	Finals
1 Hamstra, Hannah	Heritage Christi		1.46m
2 Vanlochem, Violet	Heritage Christi		1.43m
3 Finley, Yupi	Hillfield-Strata		1.35m
4 Gray, Ali	Sir Winston Chur		1.25m
5 Schmidt, Aliyah	Niagara Christia		1.20m
6 Allen, Savannah	TA Blakelock		J1.15m
7 Bozzo, Valentina	Hillfield-Strata		J1.15m

Event 53 Boys High Jump Junior

Name	Year School	Seed	Finals
1 Ishmael, Messiah	Westlane		1.75m
2 VandenBerg, Jonah	Smithville Chris		J1.70m
3 Froese, Peter	Smithville Chris		J1.70m
4 Van Berkel, Kade	Eden		1.65m
5 Boverhof, Reid	Smithville Chris		1.60m
6 Ormel, Jacob	Heritage Christi		J1.55m
7 Devries, Adam	Heritage Christi		J1.55m
8 Turner, Brycen	Welland Centennial		1.50m
8 Chen, Jasper	Eden		1.50m
9 Driedger, Eli	Eden		J1.50m
10 teBrake, Cameron	Smithville Chris		J1.45m
11 Esmat, Husam	Sir Winston Chur		1.45m
-- Kuzyk, Jake	Governor Simcoe		NH
-- vanGeest, Tyson	Smithville Chris		NH
-- Snyder, Joshua	Heritage Christi		NH

Event 54 Girls High Jump Senior

Name	Year School	Seed	Finals
1 Calbeck, Lauren	Hillfield-Strata		1.50m
2 Wassenaar, Tianna	Heritage Christi		1.45m
3 Nickason, Alivia	Eden		1.35m
4 Brink, Lydia	Heritage Christi		1.30m
4 Haanstra, Brooke	Smithville Chris		1.30m
6 Heinen, Abby	Smithville Chris		1.25m
-- Powell, MoriYah	Niagara Christia		NH

Event 55 Boys High Jump Senior

Name	Year School	Seed	Finals
1 Kpioyo, Elijah	E.L. Crossley		1.65m
2 Glasbergen, Hunter	Heritage Christi		1.60m
3 Matthews, Isaac	Great Lakes		1.45m
3 Etuk, Etieno	Great Lakes		1.45m

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****Event 56 Girls Discus Throw Junior**

Name	Year School	Seed	Finals
1 Rodgers, Savannah	Westlane		30.65m
2 Walker, Bella	SOTH,St.Catharines,		19.90m
3 Matthews, Eliana	Great Lakes		18.85m
4 Dobrocky, Ava	E.L. Crossley		18.61m
5 Power, Kaylee	Eden		17.30m
6 Vandermeulen, Amanda	Heritage Christi		16.73m
7 Telfort, Neaveh	Welland Centennial		16.63m
8 Bruzzese, Brooklyn	Welland Centennial		15.47m
9 Wassenaar, Natalia	Heritage Christi		14.81m
10 Multer, Lily	Heritage Christi		14.78m
11 Boch, Heidi	MM Robison,Burlingt		14.71m
12 Brink, Emily	Heritage Christi		13.96m
13 Staffen, Brielle	Welland Centennial		11.28m
14 Silva, Serena	Bishop Reding		11.26m
15 Tavares, Marielle	Bishop Reding		9.33m
16 Hsu, Mia	Governor Simcoe		8.23m
-- Burdick, Serinity	Welland Centennial		FOUL

Event 57 Boys Discus Throw Junior

Name	Year School	Seed	Finals
1 Gillen, Jordan	E.L. Crossley		43.41m
2 Walhan, William	Heritage Christi		37.61m
3 Gilmore, Noah	E.L. Crossley		33.59m
4 Johnson, Kelvin	SOTH,St.Catharines,		33.42m
5 Dodridge, Jackson	Welland Centennial		32.99m
6 Bakker, Dylan	Heritage Christi		29.72m
7 Alhamoud, Mohamad	E.L. Crossley		29.20m
8 Ramos, Cloude	MM Robison,Burlingt		26.25m
9 Zeiter, Oliver	Hillfield-Strata		23.77m
10 Bezuyen, Josh	Smithville Chris		23.52m
11 Vanderlaan, Isaiah	Welland Centennial		15.49m
12 Tallman, Colby	Great Lakes		13.01m
-- Lagerwerf, Cameron	Hillfield-Strata		ND
-- Abucay, Desmond	Westlane		ND
-- Lemon, Jackson	SOTH,St.Catharines,		ND
-- Prins, Jakob	Smithville Chris		ND
-- Qubaja, Kamel	SOTH,St.Catharines,		ND
-- Denhoed, William	Great Lakes		ND

Event 58 Girls Discus Throw Senior

Name	Year School	Seed	Finals
1 Jacobi, Faith	Welland Centennial		26.16m
2 Dales, Bronwyn	E.L. Crossley		25.37m
3 Fournier, Easton	Welland Centennial		25.31m
4 Vyn, Amelia	Heritage Christi		22.77m
5 Vanlochem, Karis	Heritage Christi		21.06m
6 Holness, Marley	MM Robison,Burlingt		18.70m
7 Vandyk, Olivia	Heritage Christi		17.88m
8 Haanstra, Robyn	Smithville Chris		16.39m

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****....Event 58 Girls Discus Throw Senior**

9 MacDonald, Carol-Mae	Smithville Chris	16.20m
10 Lam, Clara	Hillfield-Strata	14.09m
11 Surman, Ashley	Sir Winston Chur	14.07m
12 Zhi, Alina	Hillfield-Strata	14.05m
13 Willms, Addison	E.L. Crossley	13.50m
14 Conklin, Jariyah	SOTH, St. Catharines,	13.45m
15 McCreight, Logan	Bishop Reding	13.02m
16 Horton, Avah	Sir Winston Chur	11.24m
17 Chen, Rosiela	Hillfield-Strata	10.14m
-- Dzalto, Delia	Sir Winston Chur	FOUL
-- Dube, Sophia	Smithville Chris	FOUL

Event 59 Boys Discus Throw Senior

Name	Year School	Seed	Finals
1 Davis, Jaden	Welland Centennial		38.36m
2 Gelka, Seth	Eastdale		34.05m
3 Kroeker, Braden	Welland Centennial		31.94m
4 Vandenberg, Nathaniel	Heritage Christi		29.36m
5 Amin, Yousef	Sir Winston Chur		24.56m
6 Bataineh, Mustafa	Sir Winston Chur		21.60m
7 Verrier, Ethan	Smithville Chris		20.81m
8 Aljalra, Mohamad	Sir Winston Chur		19.89m
9 Ebeling, Cole	Heritage Christi		19.54m
10 Moser, Nolan	Bishop Reding		19.48m
11 Beckett, Liam	Welland Centennial		15.86m
12 Wimbush, Dexter	E.L. Crossley		13.40m

Event 60 Girls Javelin Throw Junior

Name	Year School	Seed	Finals
1 Rodgers, Savannah	Westlane		30.88m
2 Brink, Emily	Heritage Christi		21.63m
3 Smith, Aeris	Smithville Chris		21.30m
4 Agueci, Emma	Bishop Reding		21.29m
5 Tavares, Marielle	Bishop Reding		20.14m
6 Power, Kaylee	Eden		19.92m
7 Wassenaar, Natalia	Heritage Christi		17.15m
8 Hsu, Mia	Governor Simcoe		17.00m
9 Nebesny, Maya	Sir Winston Chur		16.83m
10 DeKlerk, Isabel	Smithville Chris		16.53m
11 Vandermeulen, Amanda	Heritage Christi		15.05m
12 Romualdi, Adriana	Bishop Reding		15.02m
13 Dekker, Corie	Welland Centennial		14.64m
14 Steele, Sophie	TA Blakelock		14.56m
15 Matthews, Eliana	Great Lakes		12.60m
16 Fazekas, Madilyn	Welland Centennial		12.49m
17 Tomlinson, Ava	Eden		11.95m
18 Multer, Lily	Heritage Christi		11.14m
19 Rybinski, Maelle	Bishop Reding		10.39m
20 Bozzo, Valentina	Hillfield-Strata		8.88m
21 Ranu, Uma	Hillfield-Strata		8.71m
22 Semenuk, Annie	SOTH, St. Catharines,		7.91m

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****....Event 60 Girls Javelin Throw Junior**

23	Jahshan, Jenna	Hillfield-Strata	6.51m
24	Hamilton, Sofia	Bishop Reding	6.16m
--	Mattatall, Olivia	Hillfield-Strata	FOUL
--	Kralt, Cara	Smithville Chris	FOUL
--	Tiffin, Emersyn	Welland Centennial	FOUL

Event 61 Boys Javelin Throw Junior

Name	Year School	Seed	Finals
1	VandenBerg, Jonah	Smithville Chris	41.98m
2	Collee, Hunter	Notre Dame	40.06m
3	Bakker, Dylan	Heritage Christi	34.08m
4	DenBak, Owen	Eden	31.76m
5	McLean, Charlie	E.L. Crossley	26.63m
6	Sprague, Lucas	Georgetown Distr	26.62m
7	Ormel, Jacob	Heritage Christi	26.59m
8	Driedger, Eli	Eden	25.41m
9	Prins, Jakob	Smithville Chris	25.31m
10	Medd, Carter	Welland Centennial	24.61m
11	Bezuyen, Josh	Smithville Chris	23.80m
12	Ollie, Lee	Hillfield-Strata	22.96m
13	Ramos, Cloude	MM Robison,Burlingt	22.45m
14	Goring-Francis, Rashaud	Governor Simcoe	22.43m
15	Lagerwerf, Cameron	Hillfield-Strata	21.25m
16	Cline, Matthew	Eden	18.91m
17	JV Rensburg, Barend	SOTH,St.Catharines,	17.30m
18	Qubaja, Kamel	SOTH,St.Catharines,	15.88m
19	MCGaw, Ian	MM Robison,Burlingt	15.47m
--	D Walloschek, Jules	Governor Simcoe	FOUL
--	Seppala, Harry	E.L. Crossley	FOUL

Event 63 Boys Javelin Throw Senior

Name	Year School	Seed	Finals
1	Freure, Adam	E.L. Crossley	50.94m
2	Dolhun, Jonah	Bishop Reding	38.61m
3	Dubourdieu, Logan	Welland Centennial	37.33m
4	Jackson, Cameron	E.L. Crossley	34.08m
5	Lucia, David	E.L. Crossley	32.52m
6	Vandenberg, Nathaniel	Heritage Christi	32.40m
7	Uttley, Leo	Sir Winston Chur	31.65m
8	Monahan, Alex	Bishop Reding	31.08m
9	Harmsworth, Campbell	Eden	30.74m
10	Duthie, Joseph	SOTH,St.Catharines,	30.32m
11	Verrier, Ethan	Smithville Chris	29.14m
12	Johnston, Griffin	TA Blakelock	28.17m
13	Donev, Eftimijan	TA Blakelock	27.63m
14	Jones, Pierce	Georgetown Distr	27.09m
15	Grange, Justin	Bishop Reding	26.04m
16	Aljalra, Amr	Sir Winston Chur	25.89m
17	Kamara, Abdul	Hillfield-Strata	25.88m
18	Pietracupa, Dylan	E.L. Crossley	24.93m
19	King, Simeon	Eden	24.83m

Bulldog Cougar Invite - 2023-05-18
Welland Centennial
Results

....Event 63 Boys Javelin Throw Senior

20 Ebeling, Cole	Heritage Christi	23.71m
21 Fowler, Ethan	TA Blakelock	23.63m
22 Aljalra, Mohamad	Sir Winston Chur	23.61m
23 Joubert, Trey	Bishop Reding	22.88m
24 Qubaja, Mohammad	SOTH, St. Catharines,	21.29m
25 Twiselton, Alex	Georgetown Distr	20.11m
25 Vincent, Isaiah	Eden	20.11m
27 Dejong, Skylar	Sir Winston Chur	18.52m
28 Westbury, Jack	Sir Winston Chur	17.21m
29 Koziej, Brenden	st Catharines Co	15.45m
-- Ruel, Paxton	An Myer	FOUL

Event 64 Girls Shot Put Junior

Name	Year School	Seed	Finals
1 Rodgers, Savannah	Westlane		11.24m
2 Dobrocky, Ava	E.L. Crossley		9.25m
3 Telfort, Neaveh	Welland Centennial		9.15m
4 Hazlett, Oriana	Eden		8.84m
5 Power, Kaylee	Eden		8.78m
6 Walker, Bella	SOTH, St. Catharines,		8.62m
7 Springer, Nyomi	Eastdale		8.47m
8 Vandermeulen, Amanda	Heritage Christi		7.99m
9 Holness, Marley	MM Robison, Burlingt		7.28m
10 Multer, Lily	Heritage Christi		7.19m
11 Agueci, Emma	Bishop Reding		6.99m
12 Brink, Emily	Heritage Christi		6.92m
13 Tavares, Marielle	Bishop Reding		6.54m
14 Matthews, Eliana	Great Lakes		6.48m
15 Romualdi, Adriana	Bishop Reding		6.42m
16 Hsu, Mia	Governor Simcoe		6.13m
17 Boch, Heidi	MM Robison, Burlingt		6.08m

Event 65 Boys Shot Put Junior

Name	Year School	Seed	Finals
1 Gillen, Jordan	E.L. Crossley		13.61m
2 Wiens, Ronin	Eden		12.04m
3 Jaramillo Bridgman, Eisl	An Myer		11.59m
4 McLean, Charlie	E.L. Crossley		10.83m
5 Dodridge, Jackson	Welland Centennial		10.57m
6 Walhan, William	Heritage Christi		9.77m
7 Bakker, Dylan	Heritage Christi		9.59m
8 Ormel, Jacob	Heritage Christi		9.48m
9 Abucay, Desmond	Westlane		9.25m
10 Bezuyen, Josh	Smithville Chris		8.83m
11 Denhoed, William	Great Lakes		8.40m
12 Gilmore, Noah	E.L. Crossley		8.22m
13 Okechukwu, Daniel	Niagara Christia		8.01m
14 Prins, Jakob	Smithville Chris		7.61m
15 Cargnello, Mateo	Georgetown Distr		7.36m
16 Nathans, Quinn	Ridley College		7.32m
17 Cline, Matthew	Eden		7.16m

Bulldog Cougar Invite - 2023-05-18**Welland Centennial****Results****....Event 65 Boys Shot Put Junior**

18	Lemon, Jackson	SOTH,St.Catharines,	7.12m
19	Qubaja, Kamel	SOTH,St.Catharines,	6.91m
20	Ward, Kurtis	Georgetown Distr	6.48m
21	Alhamoud, Mohamad	E.L. Crossley	6.04m
22	Tallman, Colby	Great Lakes	5.89m

Event 67 Boys Shot Put Senior

Name	Year	School	Seed	Finals
1 Davis, Jaden		Welland Centennial		13.05m
2 Cislo, Krzysztof		Bishop Reding		11.06m
3 Aljalra, Mohamad		Sir Winston Chur		11.05m
4 King, Simeon		Eden		10.43m
5 Bataineh, Mustafa		Sir Winston Chur		10.38m
6 Gelka, Seth		Eastdale		9.00m
7 Vandenberg, Nathaniel		Heritage Christi		8.93m
8 Ajomiwe, Divine-Wisdom		st Catharines Co		8.64m
9 Aljalra, Amr		Sir Winston Chur		8.50m
10 Connolly, Deacon		Stamford		8.32m
11 Beckett, Liam		Welland Centennial		8.24m
12 Jones, Pierce		Georgetown Distr		8.05m
13 Koziej, Brenden		st Catharines Co		7.91m
14 Patton, Simon		Georgetown Distr		7.72m
15 Ebeling, Cole		Heritage Christi		7.49m
16 Harmsworth, Campbell		Eden		7.48m
17 Amin, Yousef		Sir Winston Chur		7.44m
18 Atogbo, Patrick		Notre Dame		7.37m
19 Saif, Edaibis		Bishop Reding		7.22m
20 Westbury, Jack		Sir Winston Chur		7.03m

Event 73 Boys 100 Meter Dash Intellectually Imp.

Name	Year	School	Seed	Finals	Wind
1 Kavanagh-Sheils, Nathani		MM Robison,Burlingt		14.58	NWI
2 MCGaw, Ian		MM Robison,Burlingt		15.63	NWI
3 Ward, Kurtis		Georgetown Distr		16.11	NWI
4 Dinocolontonio, Marcelo		MM Robison,Burlingt		16.15	NWI
5 Nabeta, Mason		MM Robison,Burlingt		17.92	NWI
6 Muhammad, Aram		Westlane		20.66	NWI